

Developmental Milestone Checklist

Three to Six Months

Print this list and check the activities your child can do.

Share it with your child's health care professional, teacher, or keep your records.

Child's Name _____ Child's age _____

Babies at this age begin to pay attention to the world around them.
They hold their heads up, begin to roll around, play with their toes, and react to noises.

What activities might your child do?

- Likes to watch their own hands and look at other things around them
- Gets quiet when they hear a voice
- Can reach for or bang a toy
- Can babble (*da, ba, mmm*)
- Can laugh or giggle
- Will look toward a noise
- Can smile if you smile at them
- Can get upset at the loss of a toy
- Responds more to caregivers than others
- Wants to try food other than milk
- Seems excited when they are about to be fed
- Can suck or close lips on the spoon to get food
- Can bring both hands to the center
- Can play with their toes
- Can hold head up, can roll (from back to tummy)

Each activity your child is doing is typical of their age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as 6 months in what they can do. If you have questions about your child's development, you can call the CONNECT Helpline, a program of the Commonwealth of Pennsylvania.

CONNECT Helpline 1-800-692-7288

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children aged birth to age five.