

Developmental Milestone Checklist

4.5 Years

Print this list and check the activities your child can do.

Share it with your child's health care professional, teacher, or keep your records.

Child's Name _____ Child's age _____

At this age, children can understand concepts like same/different and more/less. They can make themselves understood, take turns, and enjoy telling stories and having conversations.

What activities might your child do?

- Can repeat four numbers
- Can match things that are related
- Can pick out which group has "more balls, more cups."
- Can tell you why, or can say what made something happen
- Is using 5-6 word sentences
- Can name four colors
- Can share
- Can take turns
- Calls attention to what he can do
- Can help to serve themself
- Can clean up spills
- Can dress without help
- Can swing self on swing
- Can hop well on each foot
- Can kick a large ball with success
- Can connect dots on paper

Each activity your child is doing is typical of their age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as 6 months in what they can do. If you have questions about your child's development, you can call the CONNECT Helpline, a program of the Commonwealth of Pennsylvania.

CONNECT Helpline 1-800-692-7288

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children aged birth to age five.