

Developmental Milestone Checklist

3.5 Years

Print this list and check the activities your child can do.

Share it with your child's health care professional, teacher, or keep your records.

Child's Name _____ Child's age _____

Children at this age are starting to do more by themselves, including some parts of getting dressed and simple household chores. At the same time, they're starting to understand more words and ideas.

What activities might your child do?

- Understands the concept of "two" (2 cookies, 2 trucks)
- Can point to colors, can match shapes
- Understands words like "biggest, smallest, softly," and "loudly."
- Can answer questions
- Knows or can use words like "down " and " up."
- Can point to self in photo
- Asks to do simple tasks at home (push broom, wipe table)
- Can tell you that they're happy, sad, afraid, etc.
- Can pull on a sock
- Can unbutton small buttons
- Can unbuckle his belt
- Can go to the toilet alone
- Can balance on one foot
- Can trace a diamond shape
- Can walk down stairs (using one foot, then the other foot)

Each activity your child is doing is typical of their age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as 6 months in what they can do. If you have questions about your child's development, you can call the CONNECT Helpline, a program of the Commonwealth of Pennsylvania.

CONNECT Helpline 1-800-692-7288

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children aged birth to age five.