

# Developmental Milestone Checklist

## 3 Years

Print this list and check the activities your child can do.

Share it with your child's health care professional, teacher, or keep your records.

Child's Name \_\_\_\_\_ Child's age \_\_\_\_\_

At this age, children can put three to four words together and may even become quite talkative. They will sing and play with other children, but still may be shy around strangers. They are also learning how to follow rules.

What activities might your child do?

- Can copy what others do (blink eyes, pat cheek)
- Can solve problems (gets chair to reach something)
- Knows some sounds (a bell, a dog barking)
- Can sing
- Can be talkative
- Can put 3-4 words together (short sentences) to tell things
- Can play with and enjoy other children
- Can be shy with strangers
- Follows rules
- Is starting to take turns
- Can put on coat, hat, or slippers
- Can use scissors (if supervised)
- Can use a fork (holds in fist)
- Can do broad jumps (both feet at once)
- Can climb up stairs (using one foot, then the other)
- Can copy a circle

Each activity your child is doing is typical of their age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as 6 months in what they can do. If you have questions about your child's development, you can call the CONNECT Helpline, a program of the Commonwealth of Pennsylvania.

**CONNECT Helpline 1-800-692-7288**

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children aged birth to age five.