

Developmental Milestone Checklist

2.5 Years

Print this list and check the activities your child can do.

Share it with your child's health care professional, teacher, or keep your records.

Child's Name _____ Child's age _____

Children at this age are likely to insist on completing tasks without help. Expect to hear words and phrases such as "mine," "no," and "me do it." At the same time, they are becoming more social and may play more cooperatively with others.

What activities might your child do?

- Enjoys pretending (feeding a doll, using a block to pretend it is a phone)
- Knows three objects ("What do we do with a key, a car?") or three body parts by what they do ("What do you see with?")
- Can use 3-word sentences ("Me go, too")
- May get upset if not understood
- Can ask simple questions
- Can help put toys away
- May move slowly to get something done
- Can find it hard to wait for things
- Can brush teeth with help, can put on simple clothes
- Pull up pants (with help)
- Can wash and dry their own hands
- Can run well
- Can walk on tiptoes
- Can hold a crayon with fingers
- Can turn pages one at a time

Each activity your child is doing is typical of their age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as 6 months in what they can do. If you have questions about your child's development, you can call the CONNECT Helpline, a program of the Commonwealth of Pennsylvania.

CONNECT Helpline 1-800-692-7288

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children aged birth to age five.