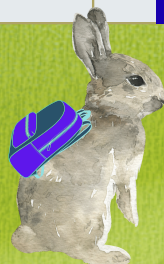


# September 2026

Activities to Support  
Early Learning Staff & Families



| Sunday                                                                            | Monday                                                                      | Tuesday                                                                                        | Wednesday                                                                                | Thursday                                                                                                                                                                                                                                                                                                                           | Friday                                                                                               | Saturday                                                           |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
|  |                                                                             | <sup>1</sup> Share <a href="#">Sept. Learning is Everywhere</a> with families*                 | <sup>2</sup> Learn <a href="#">strategies to help children co-regulate</a> .*            | <sup>3</sup> Celebrate Better Breakfast Month with <a href="#">new breakfast ideas</a> .                                                                                                                                                                                                                                           | <sup>4</sup> Celebrate National Read A Book Day early with a <a href="#">few of these favorites!</a> | <sup>5</sup>                                                       |
| <sup>6</sup>                                                                      | <sup>7</sup> September is <a href="#">Self-Care Awareness Month</a> .       | <sup>8</sup> Help children <a href="#">recognize reactions during and after emergencies</a> .  | <sup>9</sup> Share the free app <a href="#">Vaccines on the Go: What You Should Know</a> | <sup>10</sup> Learn what are the <a href="#">signs of trauma in children</a> .*                                                                                                                                                                                                                                                    | <sup>11</sup> Share how <a href="#">children learn through play</a> .*                               | <sup>12</sup>                                                      |
| <sup>13</sup>                                                                     | <sup>14</sup> <a href="#">Reinforce praise, encouragement and rewards</a> . | <sup>15</sup> <a href="#">National Hispanic Heritage Month</a> begins now through 10/15*       | <sup>16</sup> Plan <a href="#">20 Festive Fall Nature Crafts for Kids</a>                | <sup>17</sup> For staff: How to apply a <a href="#">Trauma-Informed Care lens</a> (free!)                                                                                                                                                                                                                                          | <sup>18</sup> <a href="#">Tools and information</a> to help relating to disasters.                   | <sup>19</sup>                                                      |
| <sup>20</sup>                                                                     | <sup>21</sup> Share <a href="#">tax tips for new parents</a> *              | <sup>22</sup> Think about the <a href="#">classroom environment</a> you would like to create.* | <sup>23</sup> Discover why it's <a href="#">important to support entire families</a> *   | <sup>24</sup> Share <a href="#">5 steps to build a strong foundation in a child's brain</a> *                                                                                                                                                                                                                                      | <sup>25</sup> Encourage brief conversations at pick up and drop off*                                 | <sup>26</sup> Learn about <a href="#">September's Harvest Moon</a> |
| <sup>27</sup>                                                                     | <sup>28</sup> Share <a href="#">ways to handle tantrums</a> *               | <sup>29</sup> <a href="#">PA KinConnector</a> : support for grandparents raising grandchildren | <sup>30</sup>                                                                            | September is National Preparedness Month to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time. Find preparedness tips for <a href="#">your early learning program</a> , <a href="#">your health</a> , <a href="#">your home</a> , and <a href="#">your community</a> . |                                                                                                      |                                                                    |



\*Recommendations supporting the [Pennsylvania Family Engagement Framework](#).

