

Early Learning GPS Preschooler Resources

The following resources can be found at the Early Learning GPS at www.earlylearninggps.com.

Your Child's Brain		
Resource	Description	Website
Website: Kids eat right (Academy of Nutrition and Dietetics)	Includes articles, tips, recipes and videos to provide healthy nutrition for your child.	https://www.eatright.org/for-kids
Video: How Parent's Mental Health Can Affect A Baby (PA's Promise for Children)	There are many factors that can influence the development of a baby during pregnancy and after birth. Until recently researchers knew little about the relationship between a pregnant mom's mental health and how her baby's brain would develop after it was born.	https://papromiseforchildren.com/featured-articles/how-parents-mental-health-can-affect-a-baby/
Document: Pennsylvania Learning Standards for Infants and Toddlers (PA Office of Child Development and Early Learning)	The Early Learning Standards provide information about what children usually know or can do within specific age ranges. There are also examples of specific ways a child may show adults what he/she knows or is able to do. Also provided are ways families can encourage and support their child in learning.	https://www.pakeys.org/pa-early-learning-initiatives/early-learning-standards/

Your Child's Development		
Resource	Description	Website
Website: Everyday Learning Tips (PNC Grow Up Great)	Turn everyday moments into learning opportunities for your child. Get tips for morning, outdoor, any time, meal time, story time, and bed time.	https://www.pnc.com/en/about-pnc/corporate-responsibility/grow-up-great/everyday-learning-tips.html?lnksrc=topnav
Brochure: Watch Me Grow (Pennsylvania Early Intervention Supports and Services)	This Early Intervention child find, and family information brochure is a statewide public awareness document utilized by all Infant/Toddler and Preschool Early Intervention Programs. The brochure includes common language to describe Early Intervention, so parents know that their child receives Early Intervention services regardless of where they live throughout the state. The brochure can be used for families, early care and education agencies providers, physicians, child find activities, etc.	https://www.pattan.net/Publications/Watch-Me-Grow-Brochure
Document: Learning is Everywhere Calendar (PA's Promise for Children)	Help your child learn with everyday activities to do with your child using everyday items. Check out different themed early learning activities. There's even a list of books that match the theme.	https://papromiseforchildren.com/learning-is-everywhere/
Checklist: Learn the Signs of Autism (Autism Speaks)	One of the most important things you can do as a parent or caregiver is to learn the early signs of autism and become familiar with the typical developmental milestones that your child should be reaching.	https://www.autismspeaks.org/learn-signs
Article: Parenting Counts Timeline (Parenting Counts)	The Parenting Counts Timeline offers access to research-based information about your child's development from birth to five.	http://www.parentingcounts.org/information/timeline/

You and Your Child		
Resource	Description	Website
Article: Challenging Behaviors and Your Child (PA's Promise for Children)	Research has shown that striking a child, yelling at or shaming them can elevate stress hormones and lead to changes to a child's brain. Harsh verbal abuse is also linked to mental health problems as children get older. Find suggestions for other methods to teach children right from wrong that are safer and more effective.	https://papromiseforchildren.com/featured-articles/challenging-behaviors-and-your-child/
Video: Rough Day: How children learn about stress (Parenting Counts)	This research-based video will help you to better understand your 16 to 60-month-old child.	http://www.parentingcounts.org/information/timeline/rough-day-how-children-learn-about-stress/
Activity Guide: When I Play, I Learn (PA's Promise for Children)	Did you know that when children are playing, they are learning? It's true! <i>When I Play, I Learn</i> has fun activities using everyday items, like a towel, measuring cups, a box, or a blanket. See what activities your child can do and what skills they are learning. Then see how you can help!	https://papromiseforchildren.com/when-i-play-i-learn/
Checklist: Learn the Signs of Autism (Autism Speaks)	One of the most important things you can do as a parent or caregiver is to learn the early signs of autism and become familiar with the typical developmental milestones that your child should be reaching.	https://www.autismspeaks.org/learn-signs
Article: Fred Rogers talks about Everyday Rules and Limits (The Fred Rogers Company)	Tips on setting rules and discipline for young children narrated by Fred Rogers.	https://www.fredrogers.org/parents/everyday-experiences/everyday-limits.php
Activity Guide: Kindergarten Here I Come (PA's Promise for Children)	<i>Kindergarten Here I Come!</i> is an activity guide that helps you prepare your child for Kindergarten.	https://papromiseforchildren.com/kindergarten-here-i-come/
Article: Tips for Reading with Children with Low Vision (Reading Rockets)	Reading together is a great way to bond and get your child excited about learning. This article has simple tips to help children with low vision enjoy reading with you.	https://www.readingrockets.org/article/reading-together-tips-parents-children-low-vision-or-blindness

When Your Child is Not with You		
Resource	Description	Website
Article: How Early Learning Programs are Regulated in Pennsylvania (PA's Promise for Children)	You want your child to be safe and secure when you enroll them in a daycare, child care or early learning program. Checking on who inspects the program is a good start. Learn more.	https://papromiseforchildren.com/how-early-learning-programs-are-regulated-in-pennsylvania/
Article: A Guide to Choosing Quality Child Care in Pennsylvania (PA's Promise for Children)	Trying to find child care can be hard. You want your child in a quality child care or early learning program. What do you look for, so your child will be safe, happy and learning?	https://papromiseforchildren.com/featured-articles/a-guide-to-choosing-quality-child-care-in-pennsylvania/
Website: Keep Kids Safe	Hub for information related to child protection and child abuse, including a link for mandated reporters to make reports of suspected child abuse.	http://keepkidssafe.pa.gov/
Website: Megan's Law (Commonwealth of Pennsylvania)	Searchable directory of offenders of certain criminal acts in Pennsylvania.	https://www.pameganslaw.state.pa.us/