

# Developmental Milestone Check List

## Four Years

Print this list and check the activities your child can do. Share it with your child's health care professional or teacher or keep for your records.

Child's Name \_\_\_\_\_ Child's age \_\_\_\_\_

At this age, children can point to numbers and count to 10 (with the help of blocks or other visual support). They can also repeat up to four numbers back to you, match things that are related and pick out which group has "more balls" or "more cups."

What activities might your child do?

- |  |   |
|--|---|
| <input type="checkbox"/> Can match some objects/colors               | <input type="checkbox"/> Can play well with other children            |
| <input type="checkbox"/> Can count to 10 (may use blocks, spoons)    | <input type="checkbox"/> Realizes when a person is hurt or needs help |
| <input type="checkbox"/> Can point to numbers                        | <input type="checkbox"/> Can lace shoes                               |
| <input type="checkbox"/> Is using past tense (rolled, jumped, ate)   | <input type="checkbox"/> Can buckle a belt                            |
| <input type="checkbox"/> Can speak clearly (be understood by others) | <input type="checkbox"/> Can use a fork (holds it with her fingers)   |
| <input type="checkbox"/> Knows 4-8 actions                           | <input type="checkbox"/> Can run                                      |
| <input type="checkbox"/> Will smile/laugh at funny pictures          | <input type="checkbox"/> Can balance on one foot                      |
|  | <input type="checkbox"/> Can cut along a line                         |

Each activity your child is doing is typical of his or her age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as six months in some of the things they are able to do. If you do have questions about your child's development, you can call the CONNECT Helpline, a program of the State of Pennsylvania.

### CONNECT Helpline 1-800-692-7288

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children ages birth to age five.

