

Developmental Milestone Check List

Three and Half Years

Print this list and check the activities your child can do. Share it with your child's health care professional or teacher or keep for your records.

Child's Name _____ Child's age _____

Children at this age are starting to do more by themselves, including some parts of getting dressed and simple household chores. At the same time, they're starting to understand more words and ideas.

What activities might your child do?

- | | |
|---|---|
| <input type="checkbox"/> Understands the concept of "two" (2 cookies, 2 trucks) | <input type="checkbox"/> Can tell you that she's happy, sad, afraid, etc. |
| <input type="checkbox"/> Can point to colors, can match shapes | <input type="checkbox"/> Can pull on sock |
| <input type="checkbox"/> Understands words like "biggest, smallest, softly, loudly" | <input type="checkbox"/> Can unbutton small buttons |
| <input type="checkbox"/> Can answer questions | <input type="checkbox"/> Can unbuckle his belt |
| <input type="checkbox"/> Knows or can use words like "down, up" | <input type="checkbox"/> Can go to toilet alone |
| <input type="checkbox"/> Can point to self in photo | <input type="checkbox"/> Can balance on one foot |
| <input type="checkbox"/> Asks to do simple tasks in house (push broom, wipe table) | <input type="checkbox"/> Can trace a diamond shape |
| | <input type="checkbox"/> Can walk down stairs (using one foot, then other foot) |

Each activity your child is doing is typical of his or her age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as six months in some of the things they are able to do. If you do have questions about your child's development, you can call the CONNECT Helpline, a program of the State of Pennsylvania.

CONNECT Helpline 1-800-692-7288

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children ages birth to age five.

