

Developmental Milestone Check List

Two and Half Years

Print this list and check the activities your child can do. Share it with your child's health care professional or teacher or keep for your records.

Child's Name _____ Child's age _____

Children at this age are likely to insist on completing tasks without help. Expect to hear words and phrases such as "mine," "no," and "me do it." At the same time, they are becoming more social and may play more cooperatively with others.

What activities might your child do?

- | | |
|---|---|
| <input type="checkbox"/> Enjoys pretending (feeding doll, using a block to pretend it is a phone) | <input type="checkbox"/> Can find it hard to wait for things |
| <input type="checkbox"/> Knows 3 objects ("What do we do with a key, a car?") or 3 body parts by what they do ("What do you see with?") | <input type="checkbox"/> Can brush teeth with help, can put on simple clothes |
| <input type="checkbox"/> Can use 3-word sentences ("Me go too") | <input type="checkbox"/> Pull up pants (with help) |
| <input type="checkbox"/> May get upset if not understood | <input type="checkbox"/> Can wash and dry own hands |
| <input type="checkbox"/> Can ask simple questions | <input type="checkbox"/> Can run well |
| <input type="checkbox"/> Can help put toys away | <input type="checkbox"/> Can walk on tiptoes |
| <input type="checkbox"/> May move slowly to get something done | <input type="checkbox"/> Can hold a crayon with fingers |
| | <input type="checkbox"/> Can turn pages one at a time |

Each activity your child is doing is typical of his or her age.

If your child isn't doing all the activities, it doesn't mean anything is wrong. Children can vary by as much as six months in some of the things they are able to do. If you do have questions about your child's development, you can call the CONNECT Helpline, a program of the State of Pennsylvania.

CONNECT Helpline 1-800-692-7288

The child specialists on the CONNECT Helpline are there to answer questions and provide information about child development for families of children ages birth to age five.

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PA's Promise for Children
www.papromiseforchildren.com

